Claims:

- 1. The use of an agent prepared from plant seedlings enriched with electrolytes for the production of a pharmaceutical preparation aimed to proliferate T-lymphocytes in non-immune-suppressed persons.
- 2. The use according to claim 1, characterized in that CD3+-specific immune cells are proliferated.
- 3. The use according to claim 1 or 2, characterized in that CD3+/CD4+-specific immune cells (helper cells) are proliferated.
- 4. The use according to any one of claims 1 to 3, characterized in that CD3-/CD16,56+-specific immune cells (natural killer cells) are proliferated.
- 5. The use according to any one of claims 1 to 4, characterized in that CD4+/CD45RA+-specific immune cells (naive T-cells) are proliferated.
- 6. The use according to any one of claims 1 to 5, characterized in that CD3+/CD8+-specific immune cells (suppressor cells) are proliferated.
- 7. The use of an agent prepared from plant seedlings enriched with electrolytes for the production of a pharmaceutical preparation aimed to reduce cholesterol concentration in blood.
- 8. The use of an agent prepared from plant seedlings enriched with electrolytes for the production of a pharmaceutical preparation aimed to reduce low-density lipoprotein (LDL) concentration in blood.
- 9. The use according to any one of claims 1 to 8, characterized in that said pharmaceutical preparation is used in the geriatric field.
- 10. The use according to any one of claims 1 to 9, characterized in that said pharmaceutical preparation is provided in food

form.

- 11. The use according to any one of claims 1 to 10, characterized in that said pharmaceutical preparation is used to prevent atherosclerosis.
- 12. The use according to any one of claims 1 to 10, characterized in that said pharmaceutical preparation is used to prevent myocardial infarct.
- 13. The use according to any one of claims 1 to 10, characterized in that said pharmaceutical preparation is used to prevent apoplexy.